

# Navy Yard TrailO 2023

# **Philadelphia USA 18. - 20.8.2023**

The Chapel of the Four Chaplains and Capital Region Nordic Alliance welcome You to *Navy Yard TrailO 2023* World Ranking Event consisting of two PreO and Two TempO competitions. One Ranking and one non ranking event of each plus a brief model display. Come experience America's City of Brotherly Love-the birthplace of our democracy

# **PROGRAM**

FRIDAY 18.8. MODEL DISPLAY/EVENT, CHAPEL OF THE FOUR CHAPLAINS OPEN FOR TOUR

SATURDAY 19.8. 9AM, SPRINT PREO PUBLIC EVENT, NON WRE

SATURDAT 19.8. 1300 TEMPO, WRE –DAY AWARDS AT DINNER

SUNDAY 20.8. 9AM TEMPO, PUBLIC, NON WRE

SUNDAY 20.8. 1300 PREO, WRE-DAY AWARDS AT DINNER

PACKET LISTING ALL NAVY YARD PARKS

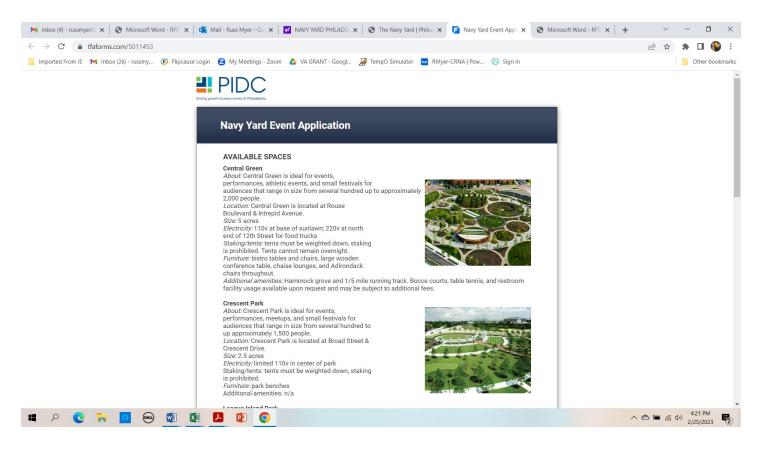
# **LOCATIONS**

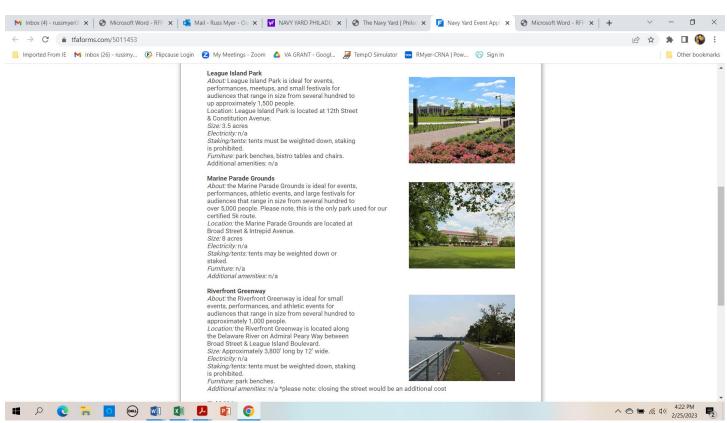
SATURDAY MORNING SPRINT PREO- RIVERFRONT PARK

SATURDAY AFTERNOON TEMPO- CENTRAL GREEN PARK

SUNDAY MORNING TEMPO- CRESCENT PARK

SUNDAY AFTERNOON LONG PREO- FDR PARK-CLOSE TO NAVY YARD





#### **CLASSES**

**OPEN AND ADAPTIVE CLASSES** 

MEN AND WOMEN COMBINED IN BOTH CLASSES

#### **MAPS**

**ISSOM** 

NAVY YARD MAPS 1:1000

FDR MAP 1:5000

**CONTOUR INTERVALS 2.5M** 

#### **TERRAIN**

MOSTY FLAT FOR OPTIMAL COMPETITION BETWEEN OPEN AND ADAPTIVE CLASSES. ALL COURSE TRAILS ARE BLACKTOPED OR HARD SURFACE-EASY TO NAVIGATE FOR WHEEL CHAIRS, SCOOTERS AND OTHER ASSISTIVE AMBULATORY DEVICES. VISUALIZATION FOR BOTH CLASSES WILL BE EQUAL

#### **EMBARGOED AREAS**

WITH THE CLOSE PROXIMITY OF THE PARKS TO EACH OTHER IN THE NAVY YARD SUPPORTING FULL PARTICIPATION AND INCLUSION OF THE ADAPTIVE CLASS, ALL ARE ASKED NOT TO VENTURE INTO ANY PARKS. IF TRAVEL IS TAKEN, PLEASE USE ROUSE BOULEVARD. DO NOT VENTURE INTO ANY PARKS

# **PUNCHING**

MANUAL PUNCHING WITH COMPETITOR'S PUNCH, LOANER PUNCHES WILL BE AVAILABLE OR NEW <u>TOEPUNCH</u> WILL BE USED

# **PERSONAL ASSISTANTS**

ATHLETES WHO REQUIRE ASSISTANCE ARE WLCOME TO HAVE AN ASSISTANT ACCOMPANY THEM FOR OPTIMAL TRANSPORTATIONFOR ALL COMPETITIONS

# **TRAINING**

THERE WILL BE SEVERAL SAMPLE STATIONS USING FLAG SUPPORT SYSTEM AS IN SOME PARKS THE GRASS CANNOT BE PENETRATED DUE TO SHALLOW ELECTRICAL AND WATERING SYSTEMS

#### **RESULTS AND PRIZES**

FLOWER CEREMONIES WILL TAKE PLACE AT THE CONCLUSION OF EACH EVENT

SATURDAY'S 1-3 FINISHERS IN OPEN AND ADAPTIVE CLASSESS WILL BE MEDALED AT THE DINNER SATURDAY

SUNDAY'S 1-3 FINISHERS IN OPEN AND ADAPTIVE CLASSES WILL BE MEDALED AT THE DINNER SUNDAY

TOP COUNTRIES IN OPEN AND ADAPTIVE CLASSES WILL BE RECOGNIZED AT THE SUNDAY NIGHT DINNER

COMPETITORS WILL RECEIVE AWARDS FOR WRE EVENTS FIRST. DUEL OR REPETITIVE AWARDING IN THE SAME EVENT WILL NOT OCCUR

#### **REGISTRATION**

**ENTRY DEADLINE 11.8.2023** 

WWW.CAPITALREGIONNORDICALLIANCE.ORG/WRE

## **FEES**

# NON USA COMPETITORS

\$36 USD PER EACH WRE

\$25 USA PER EACH NON WRE EVENT

# **USA COMPETITORS**

\$45 USD FOR OUSA AND USA COMPETITORS-WRE EVENTS

\$35 USD FOR OUSA AND USA COMPETITORS-NON WRE EVENTS

<u>USA COMPETITORS WITH A DISABILITY AND VETERANS</u>

**NO CHARGE** – REGISTER USING VETERAN LINK

ALL FEES PAID IN ADVANCE –NON USA ATHLETES-ELECTRONIC TRANSFER TO CRNA BANK

**SEFCU BANK INFORMATION** 

ACCT # 1691236624

#### **ROUTING # 221373383**

# **ACCESSIBILITY**

COMPETITION CENTERS ARE ACCESSIBLE WITH ACCESSIBLE TOILETS

A DAVID'S CHAIR TRACK CHAIR WILL BE AVAILABLE FOR WHEEL CHAIR USERS TO USE FOR THE PREO AND TEMPO EVENTS AT NO CHARGE



# **CANTEEN**

FOOD AND BEVERAGE WILL BE AVAILABLE AT THE CHAPEL OF THE FOUR CHAPLAINS AND COURTYARD MARRIOTT

# **LODGING**

**COURTYARD MARRIOTT, NAVY YARD** SPECIFIC LINK FORTHCOMING IN BULLET 2

# **TRANSPORTATION**

TRANSPORTATION WILL BE PROVIDED BY THE EVENT OR THE COURTYARD MARRIOTT ON 18.8.2023 AND 20.8.2023-DETAILS WILL BE POSTED ON CRNA'S WEBSITE-REGISTRATION PAGE

#### ENTRY TO USA, COVID AND OTHER CONTAGIOUS DISEASES

CENTERS FOR DISEASE CONTROL AND PREVENTION

#### **EVENT DIRECTOR & INQUIRIES**

RUSS MYER: RMYER@CAPITALREGIONNORDICALLIANCE.ORG +1 315-396-9967

## **COURSE SETTERS**

DANIEL HEIMGARTNER, BOB BURG

#### **EVENT ADVISOR**

**ARI TERTSUNEN** 

#### **ADDITIONAL INFORMATION**

- 1. DUE TO THE EFFORT IN HAVING FLAGS BE ACCURATELY PLACED (INDISPUTABLE PLACEMENT), NEITHER COMPLAINTS OR PROTESTS WILL BE ACCEPTED NOR CONSIDERED AT THE NAVY YARD TRAILO WRE, 18.8.-20.8.2023
- **2.** ANY SPECIAL DIETARY, MOBILITY, OR LODGING CONSIDERATIONS NEED TO BE SUBMITTED TO RUSS MYER AS EARLY AS POSSIBLE
- **3.** NAVY YARD TORUS CUP E-TEMPO WILL BE AVAILABLE DURING THE NAVY YARD WRE-AWARDS WILL BE PROVIDED FOR TOP 3 OPEN AND ADAPTIVE CLASS ATHLETES
- **4.** IN CERTAIN PARKS, THE FLAGS WILL BE HELD UP IN BUCKETS. THE CENTER OF THE BUCKET WILL BE WHERE THE FLAG WOULD BE INSERTED INTO THE GROUND. BUCKETS ARE USED DUE TO SHALLOW ELECTRIC AND WATERING SYSTEMS IN SOME OF THE PARKS
- 5. AS THE IOF AND IOFTOC INSTITUTES ITS NEW FAIR PLAY RULES, PLEASE ABIDE BY THE ORGANIZING COMMITTEE'S DIRECTIVES NOT TO ENTER OR SUBSTANTIALLY VIEW ANY OF THE PARKS UNTIL AFTER THE EVENT HELD IN THEM HAS CONCLUDED

**6.** WITH THE MAP SCALES IN THE YARD PARKS BEING 1:1000, MORE PRECISE PERMANENT FEATURE SYMBOLS ARE USED. A SEPARATE SYMBOL SHEET WILL BE PROVIDED IN THE NEXT BULLETIN, DEFINING NEW SYMBOLS

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