



BULLETIN 2

Navy Yard TrailO 2023

Philadelphia USA 18. - 20.8.2023

The Chapel of the Four Chaplains and Capital Region Nordic Alliance welcome You to *Navy Yard TrailO 2023* World Ranking Event consisting of two PreO and Two Tempo competitions. One Ranking and one non ranking event of each plus a brief model display. Come experience America's City of Brotherly Love-the birthplace of our democracy

PROGRAM

FRIDAY 18.8. MODEL DISPLAY/EVENT, CHAPEL OF THE FOUR CHAPLAINS OPEN FOR TOUR

SATURDAY 19.8. 9AM, SPRINT PREO PUBLIC EVENT, NON WRE

SATURDAY 19.8. 1300 TEMPO , WRE –DAY AWARDS AT DINNER

SUNDAY 20.8. 9AM TEMPO, PUBLIC, NON WRE

SUNDAY 20.8. 1300 PREO, WRE-DAY AWARDS AT DINNER

PACKET LISTING ALL NAVY YARD PARKS

LOCATIONS

SATURDAY MORNING SPRINT PREO- RIVERFRONT PARK

SATURDAY AFTERNOON TEMPO- CENTRAL GREEN PARK


SUNDAY MORNING TEMPO- CRESCENT PARK

SUNDAY AFTERNOON LONG PREO- FDR PARK-CLOSE TO NAVY YARD

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Navy Yard Event Application

AVAILABLE SPACES

Central Green
About: Central Green is ideal for events, performances, athletic events, and small festivals for audiences that range in size from several hundred up to approximately 2,000 people.
Location: Central Green is located at Rouse Boulevard & Intrepid Avenue.
Size: 5 acres
Electricity: 110v at base of sunlawn; 220v at north end of 12th Street for food trucks
Staking/tents: tents must be weighted down, staking is prohibited. Tents cannot remain overnight.
Furniture: bistro tables and chairs, large wooden conference table, chaise lounges, and Adirondack chairs throughout.
Additional amenities: Hammock grove and 1/5 mile running track. Bocce courts, table tennis, and restroom facility usage available upon request and may be subject to additional fees.



Crescent Park
About: Crescent Park is ideal for events, performances, meetups, and small festivals for audiences that range in size from several hundred to up approximately 1,500 people.
Location: Crescent Park is located at Broad Street & Crescent Drive.
Size: 2.5 acres
Electricity: limited 110v in center of park
Staking/tents: tents must be weighted down, staking is prohibited.
Furniture: park benches
Additional amenities: n/a




4:21 PM
2/25/2023

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League Island Park
About: League Island Park is ideal for events, performances, meetups, and small festivals for audiences that range in size from several hundred to up approximately 1,500 people.
Location: League Island Park is located at 12th Street & Constitution Avenue.
Size: 3.5 acres
Electricity: n/a
Staking/tents: tents must be weighted down, staking is prohibited.
Furniture: park benches, bistro tables and chairs.
Additional amenities: n/a



Marine Parade Grounds
About: the Marine Parade Grounds is ideal for events, performances, athletic events, and large festivals for audiences that range in size from several hundred to over 5,000 people. Please note, this is the only park used for our certified 5k route.
Location: the Marine Parade Grounds are located at Broad Street & Intrepid Avenue.
Size: 8 acres
Electricity: n/a
Staking/tents: tents may be weighted down or staked.
Furniture: n/a
Additional amenities: n/a



Riverfront Greenway
About: the Riverfront Greenway is ideal for small events, performances, and athletic events for audiences that range in size from several hundred to approximately 1,000 people.
Location: the Riverfront Greenway is located along the Delaware River on Admiral Peary Way between Broad Street & League Island Boulevard.
Size: Approximately 3,800' long by 12' wide.
Electricity: n/a
Staking/tents: tents must be weighted down, staking is prohibited.
Furniture: park benches.
Additional amenities: n/a *please note: closing the street would be an additional cost



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CLASSES

OPEN AND ADAPTIVE CLASSES

MEN AND WOMEN COMBINED IN BOTH CLASSES

MAPS

ISSOM

NAVY YARD MAPS 1:1000

FDR MAP 1:5000

CONTOUR INTERVALS 2.5M

TERRAIN

MOSTLY FLAT FOR OPTIMAL COMPETITION BETWEEN OPEN AND ADAPTIVE CLASSES. ALL COURSE TRAILS ARE BLACKTOPED OR HARD SURFACE-EASY TO NAVIGATE FOR WHEEL CHAIRS, SCOOTERS AND OTHER ASSISTIVE AMBULATORY DEVICES. VISUALIZATION FOR BOTH CLASSES WILL BE EQUAL

EMBARGOED AREAS

WITH THE CLOSE PROXIMITY OF THE PARKS TO EACH OTHER IN THE NAVY YARD SUPPORTING FULL PARTICIPATION AND INCLUSION OF THE ADAPTIVE CLASS, ALL ARE ASKED NOT TO VENTURE INTO ANY PARKS. IF TRAVEL IS TAKEN, PLEASE USE ROUSE BOULEVARD. DO NOT VENTURE INTO ANY PARKS

PUNCHING

MANUAL PUNCHING WITH COMPETITOR'S PUNCH, LOANER PUNCHES WILL BE AVAILABLE OR NEW TOEPUNCH WILL BE USED

PERSONAL ASSISTANTS

ATHLETES WHO REQUIRE ASSISTANCE ARE WELCOME TO HAVE AN ASSISTANT ACCOMPANY THEM FOR OPTIMAL TRANSPORTATION FOR ALL COMPETITIONS

TRAINING

THERE WILL BE SEVERAL SAMPLE STATIONS USING FLAG SUPPORT SYSTEM AS IN SOME PARKS THE GRASS CANNOT BE PENETRATED DUE TO SHALLOW ELECTRICAL AND WATERING SYSTEMS

RESULTS AND PRIZES

FLOWER CEREMONIES WILL TAKE PLACE AT THE CONCLUSION OF EACH EVENT
SATURDAY'S 1-3 FINISHERS IN OPEN AND ADAPTIVE CLASSES WILL BE MEDALED
AT THE DINNER SATURDAY

SUNDAY'S 1-3 FINISHERS IN OPEN AND ADAPTIVE CLASSES WILL BE MEDALED AT
THE DINNER SUNDAY

TOP COUNTRIES IN OPEN AND ADAPTIVE CLASSES WILL BE RECOGNIZED AT THE
SUNDAY NIGHT DINNER

***COMPETITORS WILL RECEIVE AWARDS FOR WRE EVENTS FIRST. DUEL OR
REPETITIVE AWARDING IN THE SAME EVENT WILL NOT OCCUR***

REGISTRATION

ENTRY DEADLINE 11.8.2023

WWW.CAPITALREGIONNORDICALLIANCE.ORG/WRE

FEES

NON USA COMPETITORS

\$36 USD PER EACH WRE

\$25 USA PER EACH NON WRE EVENT

USA COMPETITORS

\$45 USD FOR OUSA AND USA COMPETITORS-WRE EVENTS

\$35 USD FOR OUSA AND USA COMPETITORS-NON WRE EVENTS

USA COMPETITORS WITH A DISABILITY AND VETERANS

NO CHARGE –REGISTER USING VETERAN LINK

**ALL FEES PAID IN ADVANCE –NON USA ATHLETES-ELECTRONIC TRANSFER TO
CRNA BANK**

SEFCU BANK INFORMATION

ACCT # 1691236624

ROUTING # 221373383

ACCESSIBILITY

COMPETITION CENTERS ARE ACCESSIBLE WITH ACCESSIBLE TOILETS

A DAVID'S CHAIR TRACK CHAIR WILL BE AVAILABLE FOR WHEEL CHAIR USERS TO USE FOR THE PREO AND TEMPO EVENTS AT NO CHARGE



CANTEEN

FOOD AND BEVERAGE WILL BE AVAILABLE AT THE CHAPEL OF THE FOUR CHAPLAINS AND COURTYARD MARRIOTT

LODGING

[COURTYARD MARRIOTT, NAVY YARD](#) SPECIFIC LINK FORTHCOMING IN BULLET 2

TRANSPORTATION

TRANSPORTATION WILL BE PROVIDED BY THE EVENT OR THE COURTYARD MARRIOTT ON 18.8.2023 AND 20.8.2023-DETAILS WILL BE POSTED ON CRNA'S WEBSITE-REGISTRATION PAGE

ENTRY TO USA, COVID AND OTHER CONTAGIOUS DISEASES

[CENTERS FOR DISEASE CONTROL AND PREVENTION](#)

EVENT DIRECTOR & INQUIRIES

RUSS MYER: RMYER@CAPITALREGIONNORDICALLIANCE.ORG +1 315-396-9967

COURSE SETTERS

DANIEL HEIMGARTNER, BOB BURG

EVENT ADVISOR

ARI TERTSUNEN

ADDITIONAL INFORMATION

- 1. DUE TO THE EFFORT IN HAVING FLAGS BE ACCURATELY PLACED (INDISPUTABLE PLACEMENT), NEITHER COMPLAINTS OR PROTESTS WILL BE ACCEPTED NOR CONSIDERED AT THE NAVY YARD TRAILO WRE, 18.8.-20.8.2023**
- 2. ANY SPECIAL DIETARY, MOBILITY, OR LODGING CONSIDERATIONS NEED TO BE SUBMITTED TO RUSS MYER AS EARLY AS POSSIBLE**
- 3. NAVY YARD TORUS CUP E-TEMPO WILL BE AVAILABLE DURING THE NAVY YARD WRE-AWARDS WILL BE PROVIDED FOR TOP 3 OPEN AND ADAPTIVE CLASS ATHLETES**
- 4. IN CERTAIN PARKS, THE FLAGS WILL BE HELD UP IN BUCKETS. THE CENTER OF THE BUCKET WILL BE WHERE THE FLAG WOULD BE INSERTED INTO THE GROUND. BUCKETS ARE USED DUE TO SHALLOW ELECTRIC AND WATERING SYSTEMS IN SOME OF THE PARKS**
- 5. AS THE IOF AND IOFTOC INSTITUTES ITS NEW FAIR PLAY RULES, PLEASE ABIDE BY THE ORGANIZING COMMITTEE'S DIRECTIVES NOT TO ENTER OR SUBSTANTIALLY VIEW ANY OF THE PARKS UNTIL AFTER THE EVENT HELD IN THEM HAS CONCLUDED**

6. WITH THE MAP SCALES IN THE YARD PARKS BEING 1:1000, MORE PRECISE PERMANENT FEATURE SYMBOLS ARE USED. A SEPARATE SYMBOL SHEET WILL BE PROVIDED IN THE NEXT BULLETIN, DEFINING NEW SYMBOLS

*Capital Region Nordic Alliance Inc. 28 Eileen St., Albany, NY 12203
315-396-9967*